



**PATIENT INSTRUCTIONS FOR COLLECTING  
METANEPHRINES**

**CHECK WITH DOCTOR BEFORE YOU STOP TAKING  
ANY PRESCRIBED MEDICATIONS**

If possible patients should discontinue all drugs at least 1 week prior to collection. Medications that can interfere with the assay include: L-DOPA, Alpha-methyldopa (Aldomet), Buspirone, Codeine, Isoetharine, Isoproterenol, Mandelamine, Metoclopramide, Acetaminophen (high concentrations only), Labetalol, Catecholamine-containing drugs, MAO inhibitors, diuretics, and vasodilators.

Follow the instructions for collecting the urine sample, after adhering to these dietary restrictions.

**Write the patient's name, date of birth, date and time of collection on label of container.**

Reference: Quest Diagnostics Specimen Collection Guide 2004