



## **PATIENT INSTRUCTIONS FOR COLLECTING OVA & PARASITE SPECIMEN**

The laboratory staff will be happy to answer any questions you may have. Please feel free to contact us at 526-5305.

**Patient preparation:** If you have had barium or mineral oil, wait until the stool is clear to begin collection. Collect one stool sample. If more than one test is ordered, collect 1 sample per day.

**Collection:**

Pass stool into a clean, dry container. **DO NOT** let the stool touch water or urine.

Unscrew the cover from the yellow-labeled vial. Holding the cover with the attached spoon, transfer stool from the clean, dry container into the vial.

Transfer enough stool to bring the liquid up to the red line on label "*Add specimen to this line*" mark. Take sample from bloody, slimy, mucousy, or watery areas if present. If your sample is firm and does not have blood or mucous present, take your sample from the middle, the sides, and the ends.

Replace and tighten the container cap and **shake the container**.

**Write the patient's name, date of birth, date and time of collection on label of container.** Circle the picture that was most like the stool sample that you collected.

Leave at room temperature until brought to the Laboratory at New London Hospital at your earliest convenience. The sooner the sample is tested, the sooner the doctor will have your results. The test will not be affected by a delay in delivery.

**CAUTION: DO NOT** drink the solutions in the yellow vial.

If solution has been ingested call a poison control center or a physician immediately.

New London Hospital Emergency Room phone: 526-5257.