



Semen Collection – POST Vas only

NOTE: If this collection is for infertility, contact your provider.

The laboratory staff will be happy to answer any questions you may have. Please feel free to contact us at 526-5305.

1. Refrain from sexual intercourse and/or ejaculation for 2-7 days (48 hours minimum) prior to collecting the sample.
2. Produce a sample by masturbation without artificial lubrication. Sexual intercourse or samples collected into condoms are not an acceptable method to produce a specimen.
3. Collect entire specimen into container (provided by your doctor or available in the lab). If you spill any, please wait and repeat at a later date.
4. **Write patient's name, date of birth, date and time of collection onto container label.**
5. Bring to laboratory at New London Hospital within 1 hour. The container should be kept warm (body temperature).