

Health Tips

from New London Hospital

Using Special Expertise to Diagnose and Treat Hand Disorders

The functions and uses of the hand are plentiful and varied. From the moment we rise in the morning until we retire at night, our hands are in constant motion. The hand is a unique area of the human body that is made up of bone, joints, ligaments, tendons, muscles, nerves, skin, and blood vessels. These elements must all be in good working order for the hand to function well.



Dr. Mollano

The relationship between all these structures is delicate and refined. An injury or disease can affect any or all of these structures and impair the use of the hand. Accurate diagnosis and treatment of hand injuries requires the expertise of a qualified hand surgeon who is trained to diagnose and treat all problems related to the different structures in the hand, wrist, and forearm.

Through New London Hospital's affiliation with Concord Orthopaedics Professional Association, we are pleased to offer our community this special expertise provided by **Anthony Mollano, MD**. As a hand surgeon, Dr. Mollano has received specialized additional training in the treatment of hand problems beyond his board certified specialty training in orthopaedic surgery.

In the next Health Tip, we'll talk about some of the common hand problems that Dr. Mollano diagnoses and treats.

Dr. Mollano is a graduate of the University of Rochester School of Medicine & Dentistry. He completed a residency in orthopedic surgery at the University of Iowa Hospitals & Clinics in Iowa City, and a fellowship in hand surgery at the Hospital for Special Surgery in New York, NY. His clinical interests include hand tendon and elbow biceps repair surgery, hand and arm nerve repair surgery, fracture surgery of the hand, wrist and elbow, pediatric hand surgery and hand/arm overuse and work related-conditions.

For more tips to help you stay well, sign up for our e-newsletter, *Discover Health* by sending your email to discover.health@newlondonhospital.org